

Trauma Treatment

Referral Guide





Specialist Trauma Treatment

Khiron Clinics supports individuals with complex PTSD, dissociation, chronic suicidality, and other complex psychiatric presentations that often do not respond adequately to standard therapeutic approaches.

Our multidisciplinary team specializes in treating individuals with repeated admissions and treatment-resistant presentations, focusing on developmental trauma. With a patient-centered approach, we aim to provide effective solutions that promote healing and recovery, empowering individuals to reclaim their lives from the burdens of trauma.



When to Consider Referral

- **Multiple failed treatment episodes** or limited progress in standard pathways
- **High A&E; attendance**, Crisis Team involvement or repeated psychiatric admissions
- **Trauma appears to underpin symptoms**, relational difficulties or risk
- Weekly **outpatient therapy is insufficient** to stabilise progress
- A more **intensive, trauma-focused** intervention is clinically indicated

Why Refer to Khiron



Funded by 50+ NHS Trusts, ICBs, CCGs & local authorities across the UK and Ireland



Residential, Day Clinic & outpatient step-down pathways



EMDR, Sensorimotor, IFS, attachment-informed & body-based therapies



Structured discharge planning & NHS/referrer handover support



Clinicians trained & supervised by trauma experts including Bessel van der Kolk, Janina Fisher & Dick Schwartz



CQC regulated, with an overall 'Good' rating across services



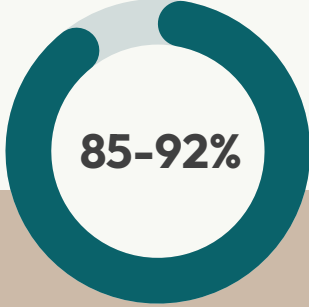
Clinical Outcomes: Khiron vs NHS



40 - 65%

Symptom Reduction

Clinically significant improvement across CORE-OM, PCL-5, GAD-7, and PHQ-9 measures for clients completing treatment



85-92%

Treatment Completion

Exceptional engagement rates vs 45-60% dropout in NHS Talking Therapies for trauma presentations



65-80%

Crisis Team Reduction

Substantial decrease in Crisis Team utilisation following programme completion



50-70%

A&E Presentation Drop

Marked reduction in emergency department visits post-treatment

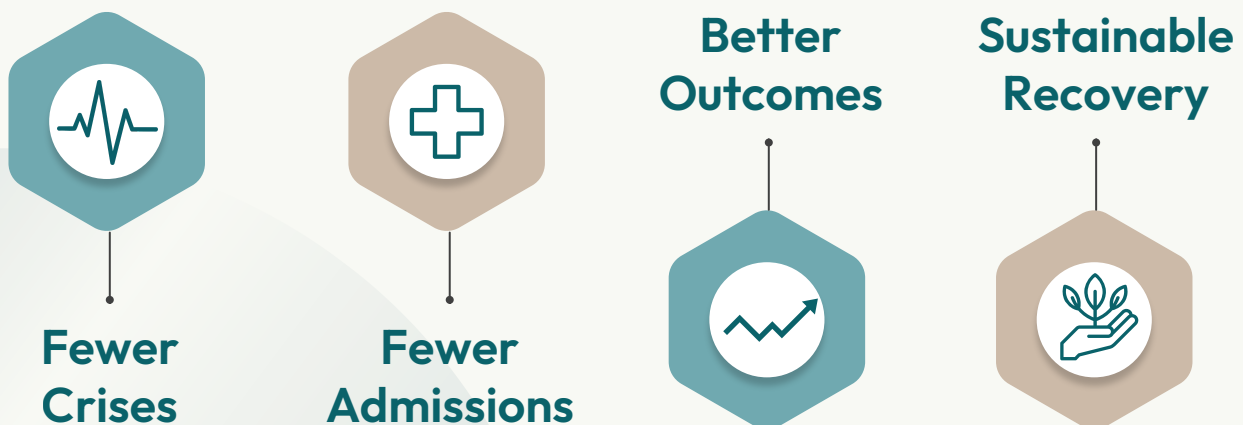


Khiron Clinics Saves the NHS Money

For patients with complex trauma and repeated service use, standard pathways can struggle to create lasting change. Khiron offers an intensive, specialist intervention designed to reduce crises, improve functioning and lower long-term demand on NHS resources.



The Bottom Line



Trauma Therapy Pathway

Clients can enter the pathway at different stages depending on acuity, presentation and level of need, with step-down support available to maintain progress.



Highest Level of Care

Khiron Bungalow
Individual Care



Khiron Clinic
Clinic Care



Khiron House
Residential Program



Khiron Cottage
Halfway House



Khiron Day Clinic
London IOP

Lowest Level of Care



Khiron Outpatient
Outpatient Therapy



Funded by 50+ NHS Trusts, CCGs, ICBs, Local Authorities & Government Bodies

- NHS Newbury & District CCG
- NHS Slough CCG
- NHS Wokingham CCG
- NHS Wiltshire CCG
- NHS Birmingham Southern Central CCG
- NHS Sutton CCG
- NHS Newark & Sherwood CCG
- NHS Bracknell and Ascot CCG
- NHS Maidenhead and Windsor CCG
- NHS North East Essex CCG
- NHS North Somerset CCG
- NHS Lincolnshire West CCG
- NHS South West Lincolnshire CCG
- NHS North and West Reading
- NHS Berkshire West CCG
- NHS East Berkshire CCG
- NHS Berkshire Healthcare NHS Foundation Trust
- NHS Surrey and Borders Partnership NHS Foundation Trust
- NHS Windsor, Ascot, and Maidenhead CCG
- NHS Berkshire – East PCT
- NHS Tameside and Glossop CCG
- NHS South Warwickshire CCG
- NHS Leicester City CCG
- NHS Bassetlaw CCG
- NHS West Kent
- NHS Telford & Wrekin CCG
- NHS Bath and North East Somerset CCG
- NHS Cumbria Northumberland Tyne & Wear NHS Foundation Trust
- NHS Aberdeen City Health & Social Care Partnership
- Clare Mental Health Services, Ireland
- Department of Health, Jersey
- NHS Nottingham & Nottinghamshire ICB
- NHS Oxford Clinical Commissioning Group
- NHS Shetland (Scotland)
- NHS Derby and Derbyshire ICB
- NHS Bedfordshire, Luton, and Milton Keynes CCG
- NHS Greater Manchester ICB (Contract)
- NHS Oxfordshire CCG
- NHS Coventry and Warwickshire CCG
- NHS Newcastle Gateshead CCG
- Midlands Louth Meath Community Health Organisation
- NHS Herefordshire & Worcestershire ICB
- Buckinghamshire Council and Buckinghamshire ICB
- Cornwall Council
- Tees, Esk & Wear Valley's NHS Foundation Trust
- Birmingham & Solihull Mental Health NHS Foundation Trust
- Darlington Borough Council
- Surrey and Borders Partnership NHS Foundation Trust (Contract)
- Community Healthcare West, Castlebar, Ireland
- Kent & Medway ICB



How to Make a Referral

Khiron Clinics can support psychiatrists and MDTs with Individual Funding Request (IFR) applications, outcomes data and clinical information to support appropriate referrals. More than 50 NHS organisations have previously funded placements at Khiron Clinics for patients with complex trauma and enduring psychiatric difficulties.

1

Initial Referral Discussion

Contact our intake team to discuss clinical suitability, funding routes and the most appropriate treatment pathway for your patient.

2

Clinical Assessment

The patient will receive an in-person or online assessment, followed by a written clinical report and treatment recommendation.

3

Ongoing Clinical Collaboration

We support referrers through treatment updates, discharge planning and follow-up care coordination.

Contact Us



khironclinics.com



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